

TwoStep summary of figures

Based on RAL standards TwoStep - Phase I & II - July 2018

B'FLY	Butterfly position		LOD	Line of dance
CP	Closed position		RLOD	Reverse Line of dance
FC	Face or Facing position		COH	Centre of Hall
LOP	Left Open position		DLC	Diagonal LOD & COH
OP	Open position		DLW	Diagonal LOD & Wall
SCP	Semi Closed position		DRC	Diagonal RLOD & COH
RSCP	Reverse SCP		DRW	Diagonal RLOD & Wall
Fwd	Forward			
Bk	Back		, (comma)	1 beat
Sd	Side		;	1 measure
L LF	Left Left faced		Lead feet	M's Left & W's Right
R RF	Right Right faced		Trail feet	M's Right & W's Left

In Round Dancing, the Two Step rhythm is denoted using 4/4 timing. Basic timing is QQS. The basic figures have 3 steps to a measure with the 4th beat a hold or Touch. Dancers usually progress anti-clockwise round the hall (Line of Dance).

Figure	Man's Steps	Lady's Steps
Side Two Step Q,Q,S;	Sd, Close, Sd, -;	Sd, Close, Sd, -;
Side TS Apart and Together Q,Q,S; Q,Q,S;	Releasing contact with partner moving apart Sd L, Close R, Sd L, -; moving tog Sd R, Close L, Sd, R -;	Releasing contact with partner moving apart Sd R, Close L, Sd, L -; moving tog Sd L, Close R, Sd L, -;
Walk 4 S,-,S,-; S,-,S,-;	Starting with free foot: Fwd, -, Fwd,-;	Fwd, -, Fwd,-;
Box Q,Q,S; Q,Q,S;	Sd L, Close R, Fwd L, -; Sd R, Close L, Bk R, -;	Sd R, Close L, Bk R, -; Sd L, Close R, Fwd L, -;
Reverse Box Q,Q,S; Q,Q,S;	Sd L, Close R, Bk L, -; Sd R, Close L, Fwd R, -;	Sd R, Close L, Fwd R, -; Sd L, Close R, Bk L, -;
Fwd TS Q,Q,S; OP, SCP or CP	Fwd, Close, Fwd, -;	Fwd, Close, Fwd, -; [If CP then Bk, Close, Bk,-;]
Circle Away 2 TS Q,Q,S; Q,Q,S;	Separating from partner & moving away in a circular pattern (LF) Fwd L, Close R, Fwd L, -; Fwd R, Close L, Fwd R to face partner a little apart, -;	Separating from partner and moving away in a circular pattern (RF) Fwd R, Close L, Fwd R, -; Fwd L, Close R, Fwd L to face partner a little apart, -;
Circle Away & Tog Q,Q,S; Q,Q,S; OP SCP or CP Lead feet free	Separating from partner & moving away in a circular pattern (LF) Fwd L, Close R, Fwd L, -; continuing to circle toward partner Fwd R, Close L, Fwd R to designated position, -;	Separating from partner and moving away in a circular pattern (RF) Fwd R, Close L, Fwd R, -; continuing circular pattern toward partner Fwd L, Close R, Fwd L to designated position, -;
Lace Across Q,Q,S; SCP LOD Lead feet free	Passing behind woman with lead hands joined moving diagonally across Line of Progression Fwd L, Close R, Fwd L, -;	Passing in front of man under joined lead hands and moving diagonally across Line of Progression Fwd R, Close L, Fwd R,

Figure	Man's Steps	Lady's Steps
Lace Bk Q,Q,S;	Passing behind woman with trail hands joined moving diagonally across Line of Progression Fwd R, Close L, Fwd R, -;	Passing in front of man under joined trail hands and moving diagonally across Line of Progression Fwd L, Close R, Fwd L,
Lace Up Q,Q,S; Q,Q,S; Q,Q,S; Q,Q,S;	Lace Across; Fwd Two Step; Lace Bk; Fwd Two Step;	Lace Across; Fwd Two Step; Lace Bk; Fwd Two Step;
Sd Close x2; Q,Q,Q,Q; Sd & Thru'; S,-, S,-;	Sd L, Close R, Sd L, Close R; Sd L, -, Thru' R, -; to OP or SCP	Sd R, Close L, Sd R, Close L; Sd R, -, Thru' L, -; to OP or SCP
Broken Box Q,Q,S; S,-, S,-; Q,Q,S; S,-, S,-; CP Lead feet free	Sd L, Close R, Fwd L, -; Rock Fwd R, -, Rec L, -; Sd R, Close L, Bk R, -; Rock Bk L, -, Rec R, -;	Sd R, Close L, Bk R, -; Rock Bk L, -, Rec R, -; Sd L, Close R, Fwd L, -; Rock Fwd R, -, Rec L, -;
Travelling Box Q,Q,S; S,-, S,-; Q,Q,S; S,-, S,-; CP Lead feet free	Sd L, Close R, Fwd L, -; to RSCP Fwd R, -, Fwd L, -; to face Sd R, Close L, Bk R, -; to SCP Fwd L, -, Fwd R, -;	Sd R, Close L, Bk R, -; to RSCP Fwd L, -, Fwd R, -; to face Sd L, Close R, Fwd L, -; to SCP Fwd R, -, Fwd L, -;
Left Turning Box Q,Q,S; Q,Q,S; Q,Q,S; Q,Q,S; CP Lead feet free	Sd L, Close R, Fwd L turn 1/4 LF, -; Sd R, Close L, Bk R turn 1/4 LF, -; Sd L, Close R, Fwd L turn 1/4 LF, -; Sd R, Close L, Bk R turn 1/4 LF, -;	Sd R, Close L, Bk R turn 1/4 LF, -; Sd L, Close R, Fwd L turn 1/4 LF, -; Sd R, Close L, Bk R turn 1/4 LF, -; Sd L, Close R, Fwd L turn 1/4 LF, -;
Scissors Thru Q,Q,S;	Facing partner, with free foot Sd, Close, Cross in front,-; to OP or LOP	
Progressive Scissors Q,Q,S; CP LOD	Sd L, Close R, Cross L in front,-; (S'car DLW) AND/OR Sd R, Close L, Cross R in front,-; (B'jo DLC)	Sd R, Close L, Cross R in back,-; (S'car) Sd L, Close R, Cross L in back,-; (B'jo)
2 Turning TwoSteps Q,Q,S; Q,Q,S; CP Wall Lead feet free	Turning slightly RF Sd L, Clo R cont RF turn, Sd & Bk L comp 1/2 RF turn, -; Turning slightly RF Sd R, Clo L cont RF turn, Fwd R Pivoting to comp1/2 RF turn, -;	Turning slightly RF Sd R, Clo L cont RF turn, Fwd R Pivoting to comp1/2 RF turn, -; Turning slightly RF Sd L, Clo R cont RF turn, Sd & Bk Lcomp 1/2 RF turn, -;
Hitch Q,Q,S; OP, SCP or CP LOD	Fwd L, Close R, Bk L,-;	Fwd R, Close L, Bk R,-; [If CP then Bk R, Close L, Fwd R,-;]
Back Hitch Q,Q,S; OP, SCP or CP LOD	Bk R, Close L, Fwd R,-;	Bk L, Close R, Fwd L,-; [If CP then Fwd L, Close R, Bk L,-;]
Double Hitch Q,Q,S; Q,Q,S;	Hitch ; Back Hitch ;	Hitch ; Back Hitch ;
Face to Face Q,Q,S; B'Fly Lead feet free	Sd L, Close R, Sd L turn away (LF);	Sd R, Close L, Sd R turn away (RF);
	<i>Ends in Back to Back position with Trail hands joined</i>	
Back to Back Q,Q,S; Bk to Bk pos Trail feet free	Sd R, Close L, Sd R turn to face (RF); <i>Ends in B'Fly position</i>	Sd L, Close R, Sd L turn to face (LF); <i>Ends in B'Fly position</i>
Basketball Turn S,-,S,-; S,-,S,-; Facing Lead feet free	Sd L, -, Rec R turning RF (face RLOD) , - ; Fwd L, -, cont turn to position Rec R,-;	Sd R, -, Rec L turning LF (face RLOD) , - ; Fwd R, -, cont turn to position Rec L, -;

Vine 3 Q,Q,S;	Side, Cross behind, Side, Tch;	Side, Cross behind, Side, Tch;
Vine 4 Q,Q,Q,Q;	Sd, Cross behind, Sd, Cross in front;	Sd, Cross behind, Sd, Cross in front;
Vine 8 Q,Q,Q,Q; Q,Q,Q,Q;	Sd, Cross behind, Sd, Cross in front; Sd, Cross behind, Sd, Cross in front;	Sd, Cross behind, Sd, Cross in front; Sd, Cross behind, Sd, Cross in front;
Open Vine 4 S,-,S,-; S,-,S,-;	Sd, -, Cross behind, -; Sd, -, Cross in front, -;	Sd, -, Cross behind, -; Sd, -, Cross in front, -;
Hitch/Scissors Q,Q,S;	Hitch or Back Hitch	Scissors Thru'
Scissors /Hitch Q,Q,S;	Scissors Thru'	Hitch or Back Hitch